



# Doing life is a journey of constant choosing.

Child and Youth Care workers understand there are times to direct, times to discuss and times to get out of the way when it comes to dealing with choice with the young people in their care. Youth at risk often are compelled to act in certain ways. They need to understand the process of choosing, to anticipate, to discriminate and define the goals that guide choice. Above all, they need to practice this, time and time again.

